

Adult DMD North Star Assessment

Face to Face assessment (F2F)

* Remember to record **the mode of assessment** (e.g. F2F - face to face) on the assessment form

Video Live (VL)

* Remember to record **the mode of assessment** (e.g. VL - video assessment) on the assessment form

Phone Assessment (PA)

* Remember to record **the mode of assessment** (e.g. TA - telephone assessment) on the assessment form

DOCTOR:

- ✚ KEY MEDICAL – for New Patients
- ✚ MEDICAL – all Follow Ups

RESPIRATORY:

- ✚ Subjective
- ✚ Pulmonary Function Testing:
 - FVC, PEF
 - PCF
 - SNIP (optional)

The assessor to be agreed locally.

PHYSIOTHERAPIST:

Minimal data set:

- ✚ PUL
- ✚ EK2 / TANS / NSAA (as appropriate)
- ✚ ROM

Optional:

- ✚ Posture, joints management, current therapy, pain (subjective)
- ✚ DMD UL PROM
- ✚ Socio-economical patient questionnaire
- ✚ DMD SAT
- ✚ QoL for slowly progressive NMSK diseases questionnaire

DOCTOR:

- ✚ KEY MEDICAL – for New Patients
- ✚ MEDICAL – all Follow Ups

RESPIRATORY:

- ✚ Subjective
- The assessor to be agreed locally.*

Video Recording (VR):

Timed Tests (e.g. Raise from the floor, 10m walk)

For more accuracy, these items need to be recorded and uploaded as videos according to the local Trust policies.

PHYSIOTHERAPY:

Minimal data set:

- ✚ Adapted Brook (PUL Entry Item)
- ✚ Vignos
- ✚ EK2 (non-ambulant)
- ✚ DMD UL PROM

Optional:

- ✚ DMD SAT
- ✚ Posture, joints management, current therapy, pain (subjective)
- ✚ QoL for slowly progressive NMSK diseases questionnaire

DOCTOR:

- ✚ KEY MEDICAL – for New Patients
- ✚ MEDICAL – all Follow Ups

RESPIRATORY:

- ✚ Subjective
- The assessor to be agreed locally.*

PHYSIOTHERAPY:

Minimal data set:

- ✚ DMD UL PROM
- ✚ Vignos
- ✚ EK2 (non-ambulant)

Optional:

- ✚ DMD SAT
- ✚ Posture, joints management, current therapy, pain (subjective)
- ✚ QoL for slowly progressive NMSK diseases questionnaire